

Meatballs

Total Time: 50 Minutes | Servings: 4

INGREDIENTS:

- 1 lb. 93% lean Goodness Grazeious™
Grass-Fed Organic Ground Beef
- 1 cup grated zucchini
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

DIRECTIONS:

1. Preheat oven to 400°F.
2. Combine ingredients in medium bowl, mix. Shape into 24 1" meatballs.
Place on aluminum foil-lined broiled pan coated with cooking spray.
3. Bake in preheated oven 18 to 20 minutes or until thermometer inserted into center of meatball registers 160°F.

